



Senate Committee on Education

Interim Charge 6

81st Legislature

Department of Aging and Disability Services

Deputy Commissioner Jon Weizenbaum

June 16, 2010



DADS Services for Individuals with Intellectual and Developmental Disabilities

- Entitlement
 - Intermediate Care Facilities for Persons with MR (ICFs/MR)

- Medicaid Community Services - 1915(c) Waivers
 - ICFs/MR-RC Waivers:
 - Home and Community-based Services (HCS)
 - Community Living Assistance and Support Services (CLASS)
 - Deaf-Blind with Multiple Disabilities (DBMD)
 - Texas Home Living (TxHmL)
 - Consolidated Waiver Program (CWP) (available in Bexar County only)

- General Revenue Funded Services:
 - MR community services provided through the local authorities
 - In-home and Family Support – MR (IHFS–MR)

Person-Directed Planning Process

- Discovery Process
 - The process by which the Service Coordinator asks questions of the individual and those who know them best to discover who the person is and what their specific needs and desires are.
 - The Discovery Process reviews specific areas that effect the individual's life, such as:
 - Self-determination
 - Living environment
 - Daily living skills
 - Financial security
 - Work/school
 - Social inclusion/relationships
 - Physical/emotional/behavioral health
 - Safety
 - Rights/legal status
 - Rights and responsibilities
- Person-Directed Plan (PDP)
 - Information from the discovery process is placed in the PDP in the form of desired outcomes.
 - Services are identified to address desired outcomes.
 - The Service Coordinator monitors progress toward desired outcomes.

DADS Employment Services

- Benefits of Community Employment
 - Individuals are more integrated into their community.
 - Individuals earn competitive wages.
 - Individuals have the opportunity to progress beyond learning general habilitative skills.
 - Individuals have a vested interest in actively participating in the job – financially and because the work matches his or her preferences -.
- Employment Assistance and Supported Employment are part of the service array in the DADS entitlement, waiver and GR-funded programs.
 - Employment Assistance - helps individuals locate paid, individualized, competitive employment in the community.
 - Supported Employment - helps individuals sustain paid, individualized, competitive employment in the community.

Supported Employment

- Supported Employment providers may:
 - Assist with resume and applications
 - Contact potential employers and develop the job
 - Practice interviewing
 - Perform job skills training at the work site
 - Develop and/or strengthen natural (unpaid) supports
 - Coordinate transportation to and from work
 - Provide extended support: regular, on-going contact with individual and employer to assess situation and determine what is needed to maintain stable employment

Supported Employment

- Department of Assistive and Rehabilitative Services (DARS) and DADS roles in supported employment, as defined in the Memorandum of Understanding:
 - DARS: As the designated vocational rehabilitation agency, provides time-limited employment services to an individual that results in an individualized, competitive job.
 - DADS: As the designated long-term services and supports agency, provides:
 - non-employment supports for an individual receiving DARS services;
 - time-limited employment services for individuals found ineligible for DARS services; and
 - long-term employment supports once DARS services or DADS time-limited employment services have been completed.
- Common goal: Assist consumers in obtaining and maintaining integrated, competitive employment.

House Bill 1230

- H.B. 1230, 80th Legislature, Regular Session, 2007
 - Enacted to improve the services provided to Texas youth with disabilities as they transition from school to adult living with an emphasis on transition into successful employment.
 - A stakeholder workgroup developed a plan that identified major goals for the delivery of employment/supported employment services to youth with disabilities and recommendations to accomplish those goals.
 - DADS has implemented or is in the process of implementing the following workgroup recommendations:
 - Adoption of revised employment services definitions
 - Allowing persons with intellectual and developmental disabilities served in 1915(c) waivers to self-direct their employment services
 - Standardizing the employment services offered across waivers serving persons with intellectual and developmental disabilities
 - Tracking persons served in DADS programs that are referred to and receive supported employment services from DARS
 - Making training available to staff, case managers, and providers on federal and state work incentives for people with disabilities



DADS Employment Services Training and Technical Assistance Initiative

- Designed to improve employment outcomes for consumers.
- DADS collected input from providers, individuals with disabilities, parents, and other stakeholders.
- Key initiatives resulting from stakeholder input:
 - Employment website
 - Computer-based training for providers
 - HCS and State Supported Living Center (SSLC) Employment First Pilot
 - Employment conferences
 - SSLC facilitated referrals to DARS
 - Reinforced transportation requirements with DADS providers

House Bill 1574

- H.B. 1574, 81st Legislature, Regular Session, 2009
 - Established two initiatives designed to benefit individuals with autism spectrum disorders (ASD), their families, and practitioners.
 - A study to determine the costs and benefits to the state of initiating a pilot program to provide services to adult persons with autism and other related disabilities with similar support needs.
 - Texas Autism Research & Resource Center (TARRC) – once fully implemented, the TARRC will:
 - provide information about ASD and related research;
 - conduct training and development activities for persons who may interact with an individual with ASD in the course of their employment, including school, medical, or law enforcement personnel;
 - coordinate with local entities that provide services to an individual with ASD; and
 - provide support for families.



APPENDIX



Intermediate Care Facilities for Persons with MR (ICFs/MR)

- Serves individuals of any age with MR (IQ below 70) or a related condition.
- There were 5,919 individuals receiving ICF/MR services as of April 30, 2010.
- Services and supports include:
 - Supervision and support 24-hours per day/7 days a week
 - Habilitation services
 - Nursing services
 - Prescription services
 - Skills training
 - Adjunctive therapies
 - Adaptive aids
 - Room and board
- Services are provided in residential facilities of six beds or more, including state MR facilities.



Intermediate Care Facilities for Persons with MR (ICFs/MR)

Examples of ICF/MR consumers

- A 60-year-old woman living in a 120-bed facility receiving assistance with personal care, daily living skills, and daily nursing assistance for medication administration and needed treatments. The facility provides 24 hour awake staff and nursing as needed.
- A 40-year-old man living in a 6-bed home with five other individuals receiving assistance with personal care as well as some behavioral intervention. The group home provides 24-hour awake staff.
- A 25-year-old man who is wheelchair bound living in a 40-bed facility and needs total care with all his activities of daily living as well as habilitation services. The facility provides 24 hour awake staff and nursing as needed.

Home and Community-based Services (HCS)

- Serves individuals of any age with MR (IQ below 70) or a related condition with an IQ below 75.
- There were 17,692 individuals receiving HCS services and 45,235 on the interest list as of April 30, 2010.
- Services and supports include:
 - Adaptive aids
 - Counseling and therapies (e.g., occupational, physical and speech therapy; dietary services; social work; behavioral supports)
 - Day habilitation
 - Dental
 - Financial management
 - Minor home modifications
 - Nursing
 - Residential assistance (e.g., group home or foster care home)
 - Supported home living
 - Supported employment
 - Support consultation
- Services may be provided to individuals who live at home, in a three- or four-person group home or a foster home.



Home and Community-based Services (HCS)

Examples of HCS consumers

- A 35-year-old man living with his parents who are paid as his foster care providers. The parents provide assistance with activities of daily living and the consumer receives dental services through the HCS program.
- A 14-year-old girl living with her parents who receives support and supervision as well as training on activities of daily living from an HCS provider. All of her medically necessary services are provided through the Comprehensive Care Program for Children (CCP).
- A 27-year-old woman living in a group home with three other women receives assistance with activities of daily living and training on meal preparation and housekeeping from the staff in the home.

Community Living Assistance and Support Services (CLASS)

- Serves individuals of any age who have a disability other than MR that originated before age 22 and affects the person's ability to function in daily life, for example, seizure disorders such as epilepsy, autism spectrum disorders, spina bifida or cerebral palsy.
- There were 4,299 individuals receiving CLASS services and 30,580 on the interest list as of April 30, 2010.
- Services and supports include:
 - Adaptive aids
 - Habilitation services
 - Medical supplies
 - Minor home modifications
 - Nursing
 - Specialized therapies
 - Respite
- Services are provided to individuals who live at home.



Community Living Assistance and Support Services (CLASS)

Examples of CLASS consumers

- A 10-year-old boy with autism who receives habilitation (training on activities of daily living) from the CLASS provider. He also receives physical and music therapies. Any medically necessary services are provided through the Comprehensive Care Program for Children.
- A 50-year-old woman with cerebral palsy who receives habilitation services and massage therapy. The CLASS program has also provided home modifications to make her bathroom wheelchair accessible.

Deaf-Blind with Multiple Disabilities Program (DBMD)

- Serves individuals of any age with deaf-blindness and one or more other disabilities that impair independent functioning.
- There were 154 individuals receiving DBMD services and 272 on the interest list as of April 30, 2010.
- Services and supports include:
 - Adaptive aids and medical supplies
 - Behavioral support services
 - Case management
 - Chore services (heavy housework)
 - Habilitation
 - Nursing
 - Intervener services (to assist with communication/community access)
 - Occupational, physical and speech therapy
 - Orientation and mobility
 - Respite
- Services may be provided to individuals who live at home, or in a group home or small contracted assisted living facility.



Deaf-Blind with Multiple Disabilities Program (DBMD)

Examples of DBMD consumers

- An eight-year-old girl with deafness, blindness and MR who receives intervener and behavioral support services. Any medically necessary services are provided through the Comprehensive Care Program for Children.
- A 25-year-old man with deafness, blindness and mild cerebral palsy who resides in a DBMD-contracted assisted living facility. He receives physical therapy and intervener services.

Texas Home Living (TxHmL)

- Serves individuals of any age with MR or a related condition who live in their own home or their family's home.
- There were 873 individuals receiving TxHmL services as of April 30, 2010. There is no separate interest list for TxHmL. Names are drawn from the HCS interest list.
- Services and supports include:
 - Adaptive aids
 - Behavioral support
 - Dental
 - Minor home modifications
 - Skilled nursing
 - Specialized therapies
- The cost must not exceed \$15,000 per person, per year.



Texas Home Living (TxHmL)

Example of a TxHmL consumer

- A 21-year-old woman with diagnosis of MR living with her parents. In the past year, she has received day habilitation outside the home (training and activities to help an individual with a developmental disability achieve greater mental, physical, and social development), respite and dental services.

Consolidated Waiver Program (CWP)

- CWP operates in Bexar County as a pilot project (since 2001) and serves individuals on the interest lists for STAR+PLUS, CLASS, DBMD, HCS, and MDCP.
- There were 162 individuals receiving services through CWP as of April 30, 2010.
- CWP provides services to individuals who are eligible for nursing facility services as well as those who are eligible for ICF/MR services.
- Serves individuals of any age and provides a comprehensive array of services similar to those across other waiver programs.
- SB 705, 81st Legislature, discontinues the CWP program. As permitted by the law and to ensure no loss of federal stimulus funds, CWP will operate until at least January 1, 2011.
- When the CWP pilot ends, consumers will transition to other waiver programs.

GR Funded Services

- Serves individuals who have a diagnosis of mental retardation or are members of the DADS MR priority population.
- There were 15,497 individuals receiving GR funded services as of April 30, 2010.
- Services and supports include:
 - Community Supports
 - Day Habilitation Services
 - Employment Services
 - Respite
 - Service Coordination
 - Therapies
- Services may be provided to individuals with MR; individuals with pervasive developmental disorders including autism; individuals with related conditions who are enrolling in the ICF/MR, HCS, or TxHmL programs; nursing facility residents who are eligible for specialized services for mental retardation or a related condition; and children who are eligible for the Early Childhood Intervention services through DARS.

GR Funded Services

Example of a GR funded services consumer

- A 9-year old third grader in special education services with aggressive behaviors at home and school receives in-home respite services, speech therapy and occupational therapy through the In Home Family Support Services program. He has become more verbal with therapy to express his frustrations which has resulted in fewer aggressive incidents.
- A 10-year old living with his mother. He has been determined to be eligible for services due to autism and MR. His general revenue funded services include training for behavior intervention to reduce aggression and hyperactivity and periodic respite services to relieve his mother as his primary caregiver.