

# Presentation to the Senate Committee on Health & Human Services: Teleservices in Medicaid

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#### Presentation Overview

- Medicaid Telemedicine Services
- Medicaid Telehealth Services
- Medicaid Home Telemonitoring Services
- Teleservices in Medicaid Managed Care
- DSRIP Teleservices Projects
- Medicaid Teleservices Initiatives



## Telemedicine Services in Medicaid: Definition

- In Texas Medicaid, telemedicine is defined as a health-care service that is either:
  - Initiated by a physician who is licensed to practice medicine in Texas; or
  - Provided by a health professional who is acting under physician delegation and supervision
- Telemedicine is provided for the purpose of:
  - Client assessment by a health professional
  - Diagnosis, consultation, or treatment by a physician
  - Transfer of medical data that requires the use of advanced telecommunications technology, other than telephone or facsimile technology



## Telemedicine Services in Medicaid: Billing

- Providers bill for medically necessary services using the procedure code that relates to the Medicaid service provided
- When billing, providers use a modifier to indicate the service was provided via telemedicine
- Reimbursement is available for the distant site provider and the patient site (facility fee)



## Telemedicine Services in Medicaid: Distant Site

- A distant site is the location of the provider rendering the service
- Distant site providers must be enrolled in Medicaid
- A distant site provider does not need to evaluate a patient for a diagnosis or condition in-person prior to providing telemedicine services



## Telemedicine Services in Medicaid: Distant Site

- Eligible distant site providers:
  - Physician (M.D. or D.O.)
  - Nurse Practitioner\*
  - Clinical Nurse Specialist\*
  - Physician Assistant\*
  - Certified Nurse Midwife\*

\*Must be acting under the delegation and supervision of a physician



## Telemedicine Services in Medicaid: Patient Site

- A patient site is where the client is physically located while the service is rendered and must be one of the following:
  - Established medical site
  - State mental health facility
  - State supported living center
- Patient site presenters must be a licensed or certified healthcare professional and must be enrolled in Medicaid



## Telehealth Services in Medicaid: Definition

- In Texas Medicaid, telehealth services are defined as health services, other than telemedicine, delivered by licensed or certified health professionals who are acting within the scope of their licensure or certification
- Before receiving a telehealth service, the patient must receive an in-person evaluation for the same diagnosis or condition
- An in-person evaluation is not required for a mental health diagnosis or condition
- Telehealth services are provided by certified or licensed healthcare professionals while telemedicine services are provided by a physician, advance practice nurse, or physician assistant under the delegation of a physician only



## Telehealth Services in Medicaid: Reimbursable Services

#### Telehealth Services:

- Psychiatric diagnostic evaluation
- Psychotherapy
- End-stage renal disease related services
- Medical nutrition therapy
- Evaluation and management of a new or established patient
- Inpatient pharmacological management
- Nutritional counseling



## Telehealth Services in Medicaid: Providers

- Telehealth providers must be enrolled in Medicaid
- Eligible distant site providers:
  - Licensed Professional Counselor (LPC)
  - Comprehensive Care Program (CCP) Social Worker
  - Psychologist
  - Registered Nurse
  - Nurse Midwife
  - Licensed Clinical Social Worker (LCSW)
- An eligible patient site presenter is any health care professional who is licensed or certified in Texas and practicing within the scope of their licensure or certification



#### Home Telemonitoring Services in Medicaid: Definition

- Home telemonitoring is the scheduled, remote monitoring of data related to a patient's health, and the transmission and review of that data
- Home telemonitoring services must be ordered by a physician
- The client's plan of care outlines the schedule of transmissions
- Home telemonitoring requires prior authorization in traditional Medicaid



Home Telemonitoring Services in Medicaid: Eligible Patients

- Patient must have a diagnosis of diabetes or hypertension
- Patient must meet at least two of the following risk factors:
  - Two or more hospitalizations in the prior 12-month period
  - Frequent or recurrent emergency department visits
  - A documented history of poor adherence to ordered medication regimens
  - ➤ A documented history of falls in the prior six-month period
  - Limited or absent informal support systems
  - Living alone or being home alone for extended periods of time
  - > A documented history of care access challenges



#### Home Telemonitoring Services in Medicaid: Providers

- Providers must be enrolled in Medicaid
- Monitoring providers must be available 24 hours a day, 7 days a week
- Eligible remote monitoring providers:
  - ➢ Home health agency
  - Hospital



#### Home Telemonitoring Services in Medicaid: Providers

- Reviewing provider must be enrolled in Medicaid
- Eligible reviewing providers:
  - Physician (M.D. or D.O.)
  - Nurse Practitioner
  - Clinical Nurse Specialist
  - Physician Assistant



Home Telemonitoring Services in Medicaid: Reimbursement

- Initial set-up and installation of remote monitoring equipment
  - > One time reimbursement unless new episode of care
- Home health agency review of data transmissions
  - Daily reimbursement regardless of the number of data transmissions per day
- Provider review of data transmissions
  - Reimbursement once every seven days regardless of the number of data transmissions per seven day period



#### Teleservices in Medicaid Managed Care

- Section 8.2.18 of the Uniform Managed Care Manual outlines that telemedicine, telehealth, and telemonitoring are Medicaid covered services
- MCOs are encouraged to contract with providers offering these services to provide better access to healthcare for their members
- Medicaid MCOs must be able to accept and process provider claims for these services in conformity with the Texas Medicaid benefit



#### Teleservices Projects in DSRIP

- There are 80 active telemedicine, telehealth, or telemonitoring projects in the Delivery System Reform Incentive Payment (DSRIP) program under the 1115 Medicaid Transformation Waiver
- Example: University Medical Center at Brackenridge (UMCB) tele-psychiatry program:
  - Expands access to provide 24/7 psychiatric consultations at UMCB emergency department (ED) by utilizing after-hours telemedicine services
  - Without these services, patients in psychiatric crisis presenting after-hours would wait until the next day for an assessment
  - The project's goal by September 2016 (end of Demonstration Year 5) is to provide 1,859 total consultations over the life of the waiver



#### Teleservices Delivery: Recent Developments and Initiatives

- The 84<sup>th</sup> Legislature enacted:
  - House Bill 1878 by Rep. Laubenberg, which requires HHSC to ensure that Medicaid reimbursement is provided for telemedicine medical services provided in a school setting regardless of who the primary care physician is on record
  - House Bill 3519 by Rep. Guerra, which authorizes HHSC to offer reimbursement for home telemonitoring services until September 1, 2019
- HHSC is currently:
  - Researching additional diagnoses for home telemonitoring reimbursement
  - Reviewing the feasibility of adding patient site reimbursement for Federally Qualified Health Centers (FQHCs) and Rural Health Clinics (RHCs)



## Teleservices Utilization: FY2011-FY2015

#### Telemedicine, Telehealth, and Telemonitoring Utilization, SFY2011-SFY2015

SFY	Unique Clients	Unique Base TPI	Unique NPI	Count of Services	Count Distinct ICNs	PdAmt
SFY2011	10,228	8 85	82	26,129	24,113	\$1,231,875.08
SFY2012	13,629	134	128	39,607	38,543	\$1,737,963.35
SFY2013	17,125	178	165	52,694	48,267	\$2,547,504.94
SFY2014	21,911	. 245	240	75,268	61,479	\$3,374,246.87
SFY2015	28,321	. 435	434	181,730	90,096	\$5,558,239.36

Data are for paid FFS Claims and STAR/STAR+PLUS Encounters for Telemedicine/Telehealth/Telemonitoring procedure codes. State Fiscal Year is based on the header from date of Service. Paid amount is based on the detail paid amount associated with the procedure code.

Telemedicine/Telehealth Procedure codes include: (90791 ;90792 ;90832;90833 ;90834 ;90836 ;90837 ;90838 ;90951 ;90952 ;90954 ;90955 ;90957 ;90958 ;90960 ; 90961 ;99201 ;99202 ;99203 ;99204 ;99205 ;99211 ;99212 ;99213 ;99214 ;99215 ;99241 ;99242 ;99243 ;99244 ;99245 ;99251 ;99252 ;99253 ;99254 ; 99255 ;G0406 ;G0407 ;G0408 ;G0425 ;G0426 ;G0427 ;M0064 ;Q3014 ;97802 ;97803 ;97804 ;S9470 ;90801 ;90802 ;90804 ;90805 ;90806 ;90807 ;90808 ;90809 ;90862). All must have the GT modifier.

Telemonitoring Procedure codes: 99090 with or without GQ modifier; 99444

The following procedure codes became invalid January 2013: 90801,90802,90862,90804,90805,90806,90807,90808,90809, 90862

The following procedure codes were added January 2013: 90832,90833,90834,90836,90837,90838,90791,90792