

Presentation to the Senate Finance Medicaid Subcommittee: Medicaid Overview

Thomas M. Suehs, Executive Commissioner

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- Medicaid Overview
 - > Who is Eligible for Medicaid?
 - > What Services Does Medicaid Provide?
 - Who Provides Medicaid Services?
 - How Are Medicaid Services Delivered?
 - ➢ How is Medicaid Financed?
- Medicaid Cost Drivers
- Where Texas Spends Medicaid Dollars
 - By Caseload
 - By Service
 - > By Provider Type



Medicaid Overview

Medicaid is a jointly funded state-federal program that provides health coverage to low income and disabled people.

- At the federal level, Medicaid is administered by the Centers for Medicare and Medicaid Services (CMS) within the U. S. Department of Health and Human Services.
- At the state level Medicaid is administered by the Health and Human Services Commission (HHSC).
- Federal laws and regulations
 - Require coverage of certain populations and services
 - > Allows states to cover additional populations and services
- Medicaid is an entitlement program, meaning:
 - Guaranteed coverage for eligible services to eligible persons
 - Open-ended federal funding based on the actual costs to provide eligible services to eligible persons

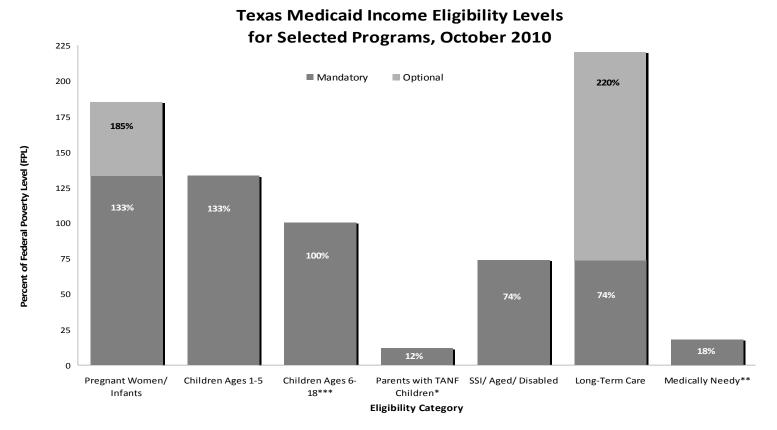


Medicaid Overview: Who Does Medicaid Serve?

- The federal government requires that people who meet certain criteria be eligible for Medicaid.
 - These are "mandatory" and all state Medicaid programs must include these populations.
- The federal government also allows states to cover additional individuals and still receive the federal share of funding. These are "optional" Medicaid eligibles.
 - > Texas covers some "optional" populations.
- The Affordable Care Act contains a maintenance of effort provision that prohibits states from reducing eligibility standards that were in effect on March 23, 2010.
 - \succ This applies to optional populations.
 - This provision is in effect for adults until January 1, 2014, and for children, including children in CHIP, until September 30, 2019.



Medicaid Overview: Who Does Medicaid Serve?



*In SFY 2010, 12% FPL is a monthly income limit of \$188 for a family of three. **In SFY 2010, 18% FPL is a monthly *income limit of \$275 for a family of three.*

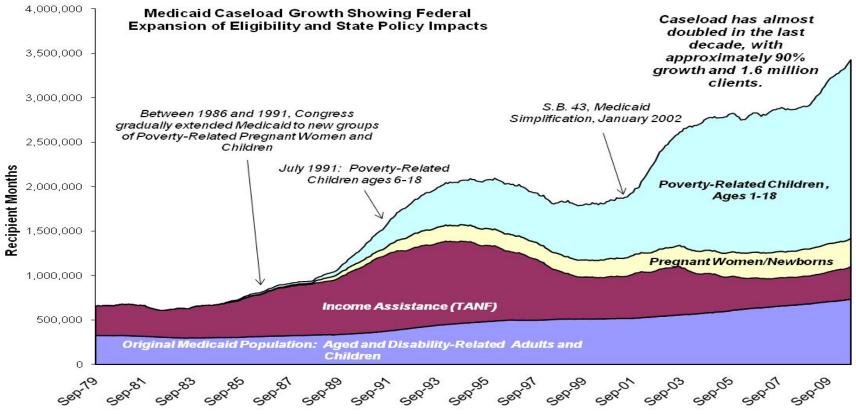
***In SFY 2010, 100% FPL is a monthly income limit of \$1,526 for a family of three.

The Affordable Care Act contains a maintenance of effort provision that prohibits states from reducing eligibility standards that were in effect on March 23, 2010, including for optional populations.



Historical Medicaid Eligibility

History of Medicaid Eligibility: Caseload September 1977- August 2010





Historical Medicaid Caseload

Average Monthly Re	ecipient Month	s								
ADULTS & SSI RELATED					TOTAL Medicaid					
Fiscal Year	Aged & Medicare Related	Disabled & Blind	Pregnant Women and TANF Adults	Newborns	TANF Children (with Foster Care)	Ages 1 - 18 Poverty-Related Children	Total	Children Annual Caseload Trend	TOTAL Medicaid	Annual Caseload Trend [*]
FY 2004	320,548	246,459	246,018	136,024	341,624	1,392,554	1,870,202		2,683,227	7.8%
FY 2005	323,374	266,213	238,297	145,160	294,024	1,512,305	1,951,489	4.3%	2,779,373	3.6%
FY 2006	329,747	289,749	226,601	155,845	255,569	1,534,497	1,945,910	-0.3%	2,792,007	0.5%
FY 2007	335,458	307,482	215,802	164,357	235,489	1,573,626	1,973,472	1.4%	2,832,214	1.4%
FY 2008	338,573	326,439	207,761	168,459	233,921	1,602,049	2,004,429	1.6%	2,877,203	1.6%
FY 2009	343,106	346,972	208,562	181,487	237,995	1,686,258	2,105,740	5.1%	3,004,380	4.4%
FY 2010 Sep-09	347,086	359,423	218,201	186.699	246,950	1,837,578	2,271,227	12.4%	3,195,937	10.0%
Oct-09	347,802	<i>'</i>	218,156	187,288	248,235	1,859,486	2,295,009	13.9%	3,221,374	11.1%
Nov-09	348,134	,	214,681	184,993	252,891	1,868,796	2,306,680	14.1%	3,231,981	11.3%
Dec-09	346,381		213,524	186,183	256,752	1,882,743	2,325,678	14.1%	3,248,970	11.2%
Jan-10	348,471	<i>'</i>	215,211	185,125	259,758	1,894,476	2,339,359	13.3%	3,268,114	10.6%
Feb-10	348,899	367,904	215,251	184,007	259,375	1,900,584	2,343,966	12.4%	3,276,020	9.9%
Mar-10	349,678	369,339	218,630	185,091	260,425	1,919,196	2,364,712	11.7%	3,302,359	9.5%
Apr-10	349,742		218,669	183,806	258,439	1,931,294	2,373,539	11.5%	3,312,235	9.3%
May-10	349,851	373,035	219,980	183,375	258,289	1,941,159	2,382,823	11.1%	3,325,689	9.0%
Jun-10	350,738	375,692	221,827	183,384	259,695	1,967,131	2,410,210	10.2%	3,358,467	8.3%
Jul-10	351,523	376,910	224,651	183,293	264,439	1,984,652	2,432,384	10.2%	3,385,468	8.4%
Aug-10	352,634	379,442	228,444	183,327	270,382	2,017,305	2,471,014	10.3%	3,431,533	8.5%
FY 2010 YTD Avg	349,245	368,615	218,935	184,714	257,969	1,917,033	2,359,717	12.1%	3,296,512	9.7%
Sep-10	353,393	380,969	229,015	187,606	278,251	2,030,466	2,496,323	9.9%	3,459,699	8.3%
Oct-10	354,287	· · · · · · · · · · · · · · · · · · ·	229,015	190,989	283,470	2,030,400	2,490,323	9.5%	3,479,708	8.0%
Nov-10	355,195		229,270	193,371	288,398	2,050,339	2,513,925	9.3% 9.8%	3,500,408	8.3%
Dec-10	353,763		229,343	195,571	297,497	2,050,555	2,558,827	10.0%	3,527,382	8.6%
Jan-11	356,514		233,100	204,796	304,915	2,004,114	2,587,360	10.6%	3,565,977	9.1%
Feb-11	356,918	,	232,226	211,919	308,778	2,089,426	2,610,124	11.4%	3,592,686	9.7%
FY 2011 YTD Avg	355,012	385,956	230,231	197,650	293,551	2,058,577	2,549,778	па	3,520,977	па

Annual Caseload Trend is based on that month's average (or the FY average), compared to the same period 12 month's prior.

All data prior to and including July 2010 will not change, August 2010 forward are estimated with completion ratios



Medicaid Overview: What Services Does Medicaid Provide?

Medicaid provides acute services and long term services and supports.

- Acute Care
 - Provision of health care to eligible recipients for episodic health care needs, including: physician, hospital, pharmacy, laboratory, and x-ray services.

• Long Term Services and Supports

- Care for people with long term care needs and chronic health conditions that need ongoing medical care, and often social support.
- Many of the services provided assist persons with activities of daily living, such as eating, dressing and mobility. This includes care in facilities such as nursing homes.
- > Nursing facility care is a mandatory benefit.
- Texas provides community care to many LTSS clients through federal waivers.



Medicaid Overview: What Services Does Medicaid Provide?

Similar to mandatory and optional populations, the federal government requires that certain Medicaid services be provided and others are optional. Mandatory Medicaid services include:

- Laboratory and x-ray services
- Physician services
- Medical and surgical services provided by a dentist
- Early Periodic Screening, Diagnosis and Treatment (EPSDT) also known as Texas Health Steps for children under age 21
 - Check-up includes: medical history, complete physical exam, assessment of nutritional, developmental and behavioral needs, lab tests, immunizations, health education, vision and hearing screening, referrals to other providers as needed.

- Inpatient hospital services
- Outpatient hospital services
- Family planning services and supplies
- Federally qualified health centers
- Nurse midwife services
- Certified pediatric and family nurse practitioner services
- Home health care services
- Medical transportation services
- Nursing facility services for individuals 21 or over
- Rural health clinic services



Medicaid Overview:

What Services Does Medicaid Provide?

All services that are medically necessary are mandatory for children, even services considered optional for adults. Optional services provided for adults in Texas include:

- Adult Prescription Drugs
- Medical care or remedial care furnished by other licensed practitioners
 - Nurse Practitioners/Certified Nurse Specialists
 - Certified Registered Nurse Anesthetists
 - Physician Assistants
 - Psychology
 - Licensed Professional Counselors
 - Licensed Marriage and Family Therapists
 - Licensed Clinical Social Workers
 - Podiatry
 - Chiropractic
 - Optometry, including eyeglasses and contacts



Medicaid Overview:

What Services Does Medicaid Provide?

Optional services continued:

- Primary care case management
- Clinic services (maternity)
- Hearing instruments and related audiology
- Intermediate care facility services for the mentally retarded (ICF/MR)
- Inpatient services for individuals 65 and over in an institution for mental diseases (IMD)
- Home and community based services

- Rehabilitation and other therapies
 - Mental health rehabilitation
 - Rehabilitation facility services
 - Substance Use Disorder Treatment
 - Physical, occupational, and speech therapy
- Targeted Case Management
- Services furnished under a Program of All-Inclusive Care for the Elderly (PACE)
- Hospice Services
- Renal dialysis



Medicaid Overview: How are Services Provided?

Medicaid services are delivered *by* certain provider types *through* certain delivery models.

The following providers deliver Medicaid services:

- Health professionals doctors, nurses, physical therapists, dentists, psychologists, etc.
- Health facilities hospitals, nursing homes, institutions and homes for persons with Intellectual and Developmental Disability (IDD), clinics, community health centers, school districts.
- Providers of other critical services like pharmaceuticals or drugs, medical supplies and equipment, medical transportation.



Medicaid Overview: How are Services Provided?

The Texas Medicaid program provides services to Medicaid Eligibles through different "delivery models."

- Fee for Service (Traditional Medicaid)
- Managed Care:
 - Managed Care Models in Texas:
 - Primary Care Case Management (PCCM)- non capitated
 - Health Maintenance Organizations (HMO)- capitated
 - Managed Care Programs in Texas:
 - PCCM Managed care model that provides a medical home for Medicaid clients through primary care providers
 - STAR (State of Texas Access Reform) Acute Care HMO
 - STAR+PLUS Acute & Long-Term Services and Supports HMO
 - NorthSTAR Behavioral Health Care HMO
 - STAR Health Comprehensive managed care program for children in Foster Care
 - The following chart depicts the percentage of the Medicaid population in managed care currently and post-implementation of the managed care expansion items assumed in HB 1.

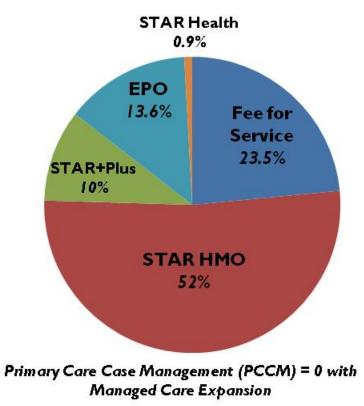


Medicaid Overview: How are Services Provided?

Medicaid Recipients in Managed Care in FY 2011 STAR Heath 0.8% STAR Fee for PCCM Service 24.7% 27.8% STAR+Plus 5.9% STAR HMO 40.7% No Exclusive Provider Organizations (EPO) until 2012

Managed Care Expansion

Medicaid Recipients in Managed Care in FY 2013 Post –Managed Care Expansion Implementation in HB 1



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Medicaid Overview: How is Medicaid Financed?

- Medicaid is funded by both the state and federal governments.
- The federal share of Medicaid funds Texas receives is based on the Federal Medical Assistance Percentage (FMAP).
- The FMAP is calculated using each state's per capita personal income in relation to the U.S. average.
- Generally, Texas receives an FMAP of approximately 60%, meaning the federal/state share of Medicaid funding is around 60/40 for most client services.
 - The American Recovery and Reinvestment Act temporarily provided an increased FMAP of approximately 71% that is currently being phased down. Texas will return to regular FMAP in July 2011 of 60.56%.
- The FY 2012 FMAP calculation reduced Texas' federal financial participation to 58.42%, which will shift approximately two percentage points of Medicaid funding from the federal to the state government.



Comparison of FFY 2012 Federal Medical Assistance Percentage (FMAP)

	FFY	FFY	Point		FFY	FFY	Point
S t a te	2011	2012	Ch a ng e	State	2011	2012	Change
A la bam a	68.54	68.62	0.08	Missouri	63.29	63.45	0.16
A la s ka	50.00	50.00	0.00	Montana	66.81	66.11	-0.70
Arizona	65.85	67.30	1.45	Nebraska	58.44	56.64	-1.80
A rkan sas	71.37	70.71	-0.66	Nevada	51.61	56.20	4.59
C aliforn ia	50.00	50.00	0.00	New Hampshire	50.00	50.00	0.00
C olo rado	50.00	50.00	0.00	New Jersey	50.00	50.00	0.00
Connecticut	50.00	50.00	0.00	New Mexico	69.78	69.36	-0.42
D elaw are	53.15	54.17	1.02	New York	50.00	50.00	0.00
District of Columbia	70.00	70.00	0.00	North Carolina	64.7I	65.28	0.57
Florida	55.45	56.04	0.59	North Dakota	60.35	55.40	-4.95
Georgia	65.33	66.16	0.83	O hio	63.69	64.15	0.46
H aw aii	51.79	50.48	-1.31	O k lah o m a	64.94	63.88	-1.06
dah o	68.85	70.23	1.38	Oregon	62.85	62.91	0.06
llinois	50.20	50.00	-0.20	Pennsylvania	55.64	55.07	-0.57
ndiana	66.52	66.96	0.44	Rhode Island	52.97	52.12	-0.85
owa	62.63	60.7 I	-1.92	South Carolina	70.04	70.24	0.20
K an sa s	59.05	56.91	-2.14	South Dakota	61.25	59.13	-2.12
Kentu cky	71.49	71.18	-0.3 I	Tennessee	65.85	66.36	0.5
Louisiana	63.6I	61.09	-2.52	T EX AS	60.56	58.22	-2 .3 4
Maine	63.80	63.27	-0.53	Utah	71.13	70.99	-0.14
Maryland	50.00	50.00	0.00	Vermont	58.7I	57.58	-1.13
1 a ssach uset ts	50.00	50.00	0.00	Virginia	50.00	50.00	0.00
1 i chig an	65.79	66.14	0.35	W ashin gto n	50.00	50.00	0.00
Minnesota	50.00	50.00	0.00	W est Virginia	73.24	72.62	-0.62
Mississippi	74.73	74.18	-0.55	Wisconsin	60.16	60.53	0.37
				W yoming	50.00	50.00	0.00

Federal Fiscal Years (FFYs) 2011 and 2012 FMAPS District of Columbia and by State

Note: American Recovery and Reinvestment Act of 2009 (ARRA) FMAP increases are not included.

Source: Federal Funds Information for States, 2010.



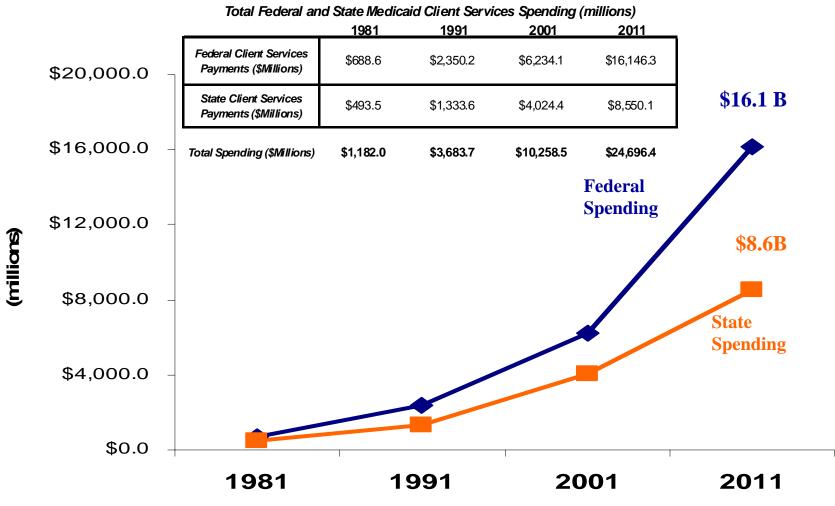
Medicaid Overview: How is Medicaid Financed?

States also receive supplemental federal funding

- Upper Payment Limit Program (UPL)- Supplemental payments are made to certain hospitals and physicians to make up the difference between what Medicaid actually paid for their Medicaid patients and what Medicare would have paid for the same services.
 - ➤ In FY 2010, 281 Texas hospitals participated
 - FY 2010 UPL payments to hospitals and physicians totaled \$2.68 billion
- Disproportionate Share Hospital (DSH) Program- federal law requires that state Medicaid programs make special payments to hospitals that serve a disproportionately large number of Medicaid and low-income patients.
 - ➤ In FY 2010, 177 Texas hospitals qualified for DSH payments
 - ➢ FY 2010 DSH payments totaled \$1.68 billion



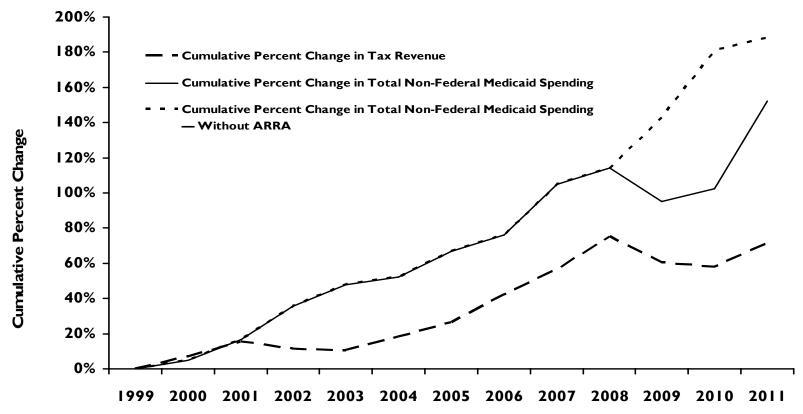
Historical State & Federal Medicaid Spending





Medicaid Spending & State Tax Revenue

Cumulative Percent Change in Texas Tax Revenue Versus Total Non-Federal Medicaid Spending, With and Without ARRA, SFYs 1999-2011



Notes: Tax revenue does not include other types of state revenue; actual tax collections for 2010-2011 may vary. Medicaid spending for 2010 and 2011 are estimated. Sources: Tax revenue — Legislative Budget Board Fiscal Size-Up reports. Medicaid spending — Financial Services, Texas Health and Human Services Commission.



Medicaid Cost Drivers

Medicaid Cost is determined by the <u>Caseload</u> and <u>Cost per Client</u>:

- <u>Caseload</u>: Volume or Number of individuals served in each category
- <u>Case Mix</u>: A subset of caseload the mix or type of clients in the caseload
 - Certain groups cost more than others, for example Disability-Related Clients and Pregnant Women/Newborns are high cost, whereas Non-Disabled Children ages 6-18 are lower cost
- <u>Cost per Client</u>: A function of the number, type, and cost of the services a client receives, and how those services are provided
- <u>Utilization</u>: A function of both caseload and service volume (and case mix), utilization can be viewed as
 - > Number of services (volume) an individual client or group receives
 - > Type of services an individual client or group receives
 - The mix of type of services (more to less costly, or technologically advanced) with overall number of services



Medicaid Cost Drivers

The mix of caseload, cost, and utilization is further impacted by:

- The type and mix of services including service location (office, clinic, hospital) and the provider type
- Payer Type
 - > The use of capitated payments for comprehensive services can be used to manage utilization
- Payer payment rates and policies
 - > Payer payment rates and policies also factor in the cost mix, and include:
 - Actuarial-based payments (capitated payments)
 - Cost-based reimbursements (e.g. Children's Hospitals)
 - Cost-report based prospective payments (e.g. Nursing Homes)
 - Medicare-Linked payments, such as hospital diagnosis related groups
 - CMS Mandated Methods, such as FQHCs
- General cost of doing business
- Evolutionary advancements in medical technology
 - Increased use of MRIs vs X-Ray
- Revolutionary advancements in medical technology
 - New cancer drugs, or stints for heart bypass
- Defensive medicine
- Changes in clinical practice standards



Medicaid Cost Drivers

External Factors Modifying Medicaid Costs Include:

- Changes in federal policy
 - Eligibility expansions (see following charts)
 - Evolving CMS Interpretation
- Changes in state policy
 - Medicaid Buy-In for Adults and Children
 - > New benefits, such as adult substance abuse

• Population growth and changing demographics

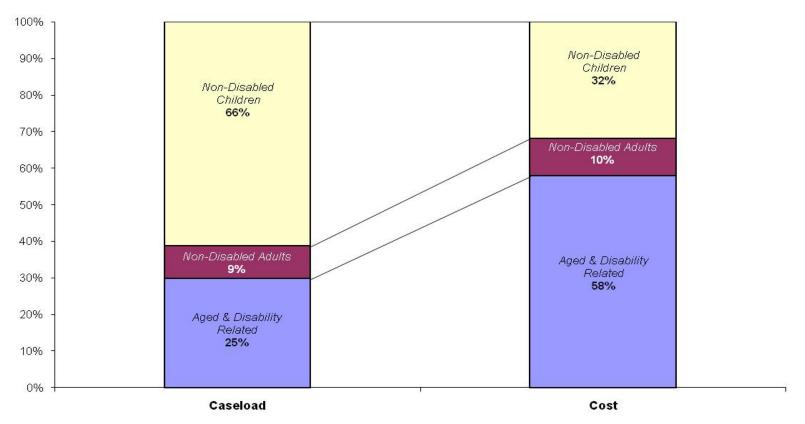
- > Aging baby-boomers increasing the aged population
- Obesity epidemic increasing certain chronic diseases (diabetes)
- Changing ethnic composition of the state
- Economy
 - Increased caseloads as families lost jobs and insurance coverage
 - > Lengthening spells of coverage as economic conditions are not improving for Medicaid populations
 - > Increased FMAP rate due to ARRA TIER III FMAP adjustment for high unemployment states

• Natural Disasters

- ► H1N1
- Hurricanes -- medical costs actually decline in the short term following an event such as a hurricane, but Texas has seen long-term impacts from recent hurricanes
- Consumer expectations and awareness
 - > FREW outreach efforts and rate increases may be increasing utilization
 - > Health Care Reform may provide an arena for clients to seek health care assistance



Where Texas Spends Medicaid Dollars – Caseload



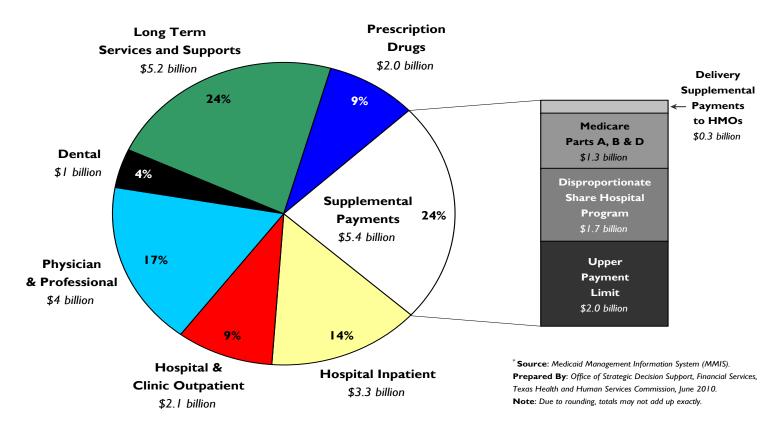
Texas Medicaid Beneficiaries and Expenditures Fiscal Year 2010

Source: HHS Financial Services, 2010 Medicaid Expenditures, including Acute Care, Vendor Drug, and Long-Term Care. Costs and caseload for all Medicaid payments for full beneficiaries and non-full beneficiaries (Women's Health Waiver, Emergency Services for Non-Citizens, Medicare payments) are included. Children include all Poverty-Level Children, including TANF. Disability Related Children are not in the Children group.



Where Texas Spends Medicaid Dollars – Services

Texas Medicaid Expenditures, SFY 2009 *



By Service Type — Total \$22.9 billion



Where Texas Spend Medicaid Dollars- Services

By Number of Visits			By Cost			
ICD-9-CM	Description	Rank	ICD-9-CM	Description		
250	Diabetes mellitus	1	V30	Single liveborn		
V40	Mental and behavioral problems	2	315	Specific delays in development		
786	Symptoms involving respiratory system and other chest symptoms	3	296	Affective psychoses		
401	Essential hypertension	4	585	Chronic renal failure		
788	Symptoms involving urinary system	5	788	Symptoms involving urinary system		
296	Affective psychoses	6	786	Symptoms involving respiratory system and other chest symptoms		
315	Specific delays in development	7	518	Other diseases of lung		
465	Acute upper respiratory infections of multiple or unspecified sites	8	343	Infantile cerebral palsy		
V22	Normal pregnancy	9	250	Diabetes mellitus		
585	Chronic renal failure	10	783	Symptoms concerning nutrition, metabolism, and development		

Top Diagnoses - Texas Medicaid - FY 2009

TMHP, Claims and Encounters Universe, Analysis HHSC, Strategic Decision Support

TOP 10 Drug Groups by Cost - FY 2009

Rank	AHFS Code	AHFS Description	Description-Treatment Use/Example
1	281608	ANTIPSYCHOTIC AGENTS	Used to treat psychosis
2	281292	ANTICONVULSANTS, MISCELLANEOUS	Mood stabilizer, treats epilepsy
3	121208	BETA-ADRENERGIC AGONISTS	Used for heart failure, COPD, asthma
4	480800	ANTITUSSIVES	Cough suppressants
5	81206	CEPHALOSPORINS	Class of antibiotics
6	562836	PROTON-PUMP INHIBITORS	Reduces gastric acid production in stomach
7	680400	ADRENALS	Class of steroids
8	481024	LEUKOTRIENE MODIFIERS	Long-term asthma control medication
9	281604	ANTIDEPRESSANTS	Used to treat depression
10	282092	ANOREX., RESPIR., CEREBRAL STIMU	Nervous system stimulants, e.g. Ritalin

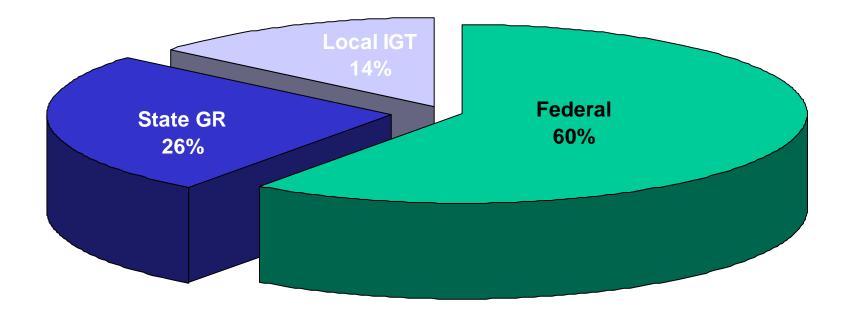
AFHS - American Hospital Formulary Service

FirstHealth, Vendor Drug Payment System, Analysis by HHSC SDS



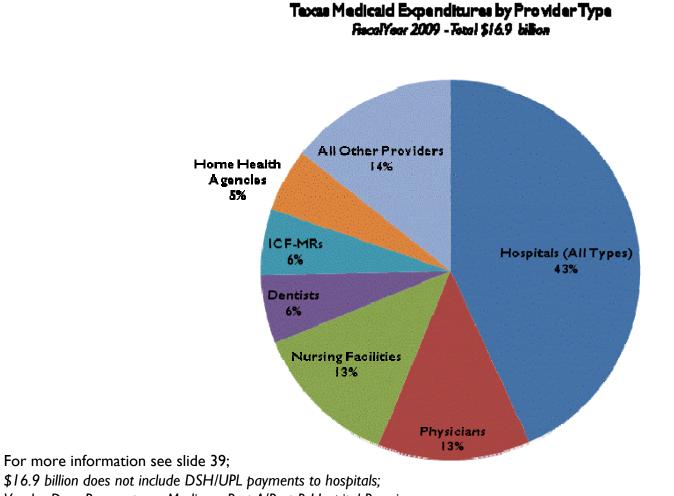
Where Texas Spends Medicaid Dollars-Hospital Funding by Source of Funds

Fiscal Year 2008





Where Texas Spends Medicaid Dollars – Providers



Vendor Drug Payments, or Medicare Part A/Part B Hospital Premium Payments;



Where Texas Spends Medicaid Dollars – Providers

Expenditures by Type of Providers -- FY 2009

		% of Total	
Provider Group	Expenditures	Expenditures	# of Providers
Hospitals (All Types)	\$ 7,324,893,872	43.2%	620
Physicians	\$ 2,217,228,553	13.1%	49,797
Nursing Facilities	\$ 2,133,926,620	12.6%	1,068
Dentists	\$ 995,165,572	5.9%	6,336
ICF-MRs	\$ 953,753,414	5.6%	527
Home Health Agencies	\$ 916,462,721	5.4%	1,571
Durable Medical Equipment (DME) Suppliers	\$ 466,306,107	2.7%	5,917
Ambulance	\$ 363,392,037	2.1%	1,105
Rehabilitation Centers	\$ 337,556,876	2.0%	423
Ambulatory Surgical Centers	\$ 311,374,466	1.8%	677
Labs	\$ 143,372,663	0.8%	627
Dialysis Centers	\$ 140,428,457	0.8%	416
Allied Health Providers	\$ 123,442,613	0.7%	3,201
Federally Qualified Health Centers (FQHCs)	\$ 110,545,052	0.7%	152
School Health & Related Services (SHARS)	\$ 99,558,373	0.6%	625
Comprehensive Care Program Providers	\$ 86,720,457	0.5%	2,666
Rural Health Centers	\$ 71,326,161	0.4%	297
Behaviorial Health Providers	\$ 67,517,978	0.4%	5,241
Nurses (APNs and CRNAs)	\$ 34,468,643	0.2%	7,274
Physical Therapy/Occupational Therapy	\$ 21,346,862	0.1%	1,215
Maternity Clinics / Birthing Centers	\$ 377,899	0.0%	26
TB Clinics	\$ 49,431	0.0%	19
Other Providers	\$ 54,450,961	0.3%	2,375

Includes FFS/PCCM claims and payments to providers by HMOs

Other Providers include: Genetics, Indian Health Servcies, ECI, County Indigent Health Does not include DSH/UPL